

AVILA EXAMINER

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Avila College, Kansas City, MO

October 23, 1990

Avila's Growing Heritage

By Candy Brossla and Pam Garrett

"With God's help there is nothing to fear." The Avila College motto is a symbol of the foresight, planning, and courage it took during the early 60s to keep the College going.

In 1960, Archbishop John F. Cody decided the College of St. Theresa and St. Theresa's Academy should be separate institutions, in both name and location. The 48-acre site for Avila was purchased by Sister Mary Daniel, President of the College, in March 1961, with funds from the estate of Margaret O'Rielly. She left a bequest in her will for capital improvements at the College.

One of the Sisters of St. Joseph of Carondelet buried a statue of St. Joseph on the land to ensure successful acquisition of the present site. It worked!

Groundbreaking ceremonies were held on November 21, 1962, and by fall Semester, 1963, classes were being held in the first two buildings on the new campus, although they were not yet completed.

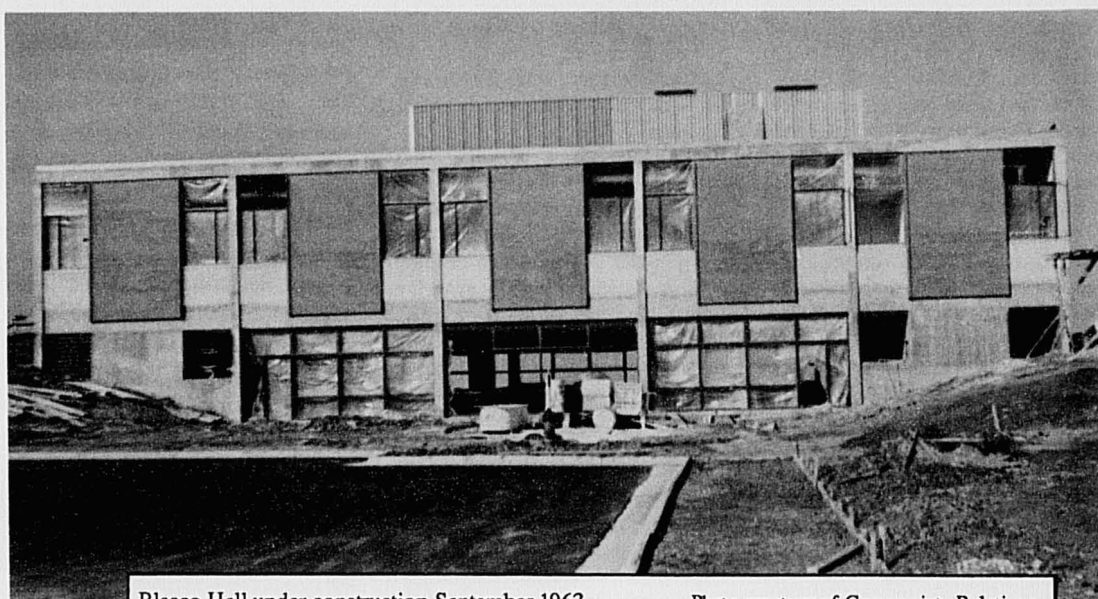
The campus was a sea of mud as construction of Carondelet Hall and

Marian Centre began; bulldozers and backhoes were predominant. These buildings were completed in 1965. Building construction progressed through the 60s and into the 70s with the addition of a chapel and faculty residence (Foyle Hall).

Ground was broken for Goppert Theatre and Borserine Nurse Education Centre in 1973, with occupancy by 1974. Hooley-Bundscho Library was started in Spring 1977 with a 1978 completion date. Mabee Field House was completed in 1980.

Although men had attended Avila part-time for many years, it was not until September 1969, that they were admitted as full-time students. After 53 years as a college for women, Avila was now "a College for Men and Women." There were ten full-time and ten part-time male students. By fall 1970, men were housed on campus.

In the early 1970's, Avila was the only college in the area to offer a degree in Social Work and had the only B.A. degree in the country in Montessori Internationale. Avila's



Blasco Hall under construction September 1963.

Photo courtesy of Community Relations.

Theatre Department became one of the most dynamic professional training grounds for actors in the United States in the 1970s.

The Spring Commencement exercises in 1980 were held for the first time in Mabee Field House and Avila's first masters degrees were

conferred.

The 1980s brought more emphasis on the allied health fields. Avila and St. Joseph Hospital joined forces to offer the first campus-based baccalaureate program in Radiological Technology in Kansas City. In 1984, Avila College was publicly recognized by employers in the area as "producing some of the best trained chemists in Kansas City." The Weekend College Program was introduced in 1984.

And, the Nursing Program continued to receive recognition for its excellence.

The Board of Trustees appointed Dr. Larry Kramer, the first lay President in the history of the College in 1985.

As the 80s wound down, Avila was gearing up, ready to face the challenges of the 1990s with a continued dedication to excellence in education. Part two of three.

Music Recitals Enliven Goppert

By Pat Hill

Mr. and Mrs. Clarence Goppert sponsored the Glorian Duo, harp and flute duet, on Sunday, October 21, 1990 at 3:00 p.m., Goppert Theatre. Admission is free. Inci Bashar Paige appeared as guest artist. She sang works by composer Roman Wyterband.

The Glorian Duo has had a stellar career appearing at such places as Carnegie Hall and the IV World Harp Congress in Paris. The Duo is on the roster of touring programs of the American Harp Society. This tour will consist of performances in the North-east, Kansas, Missouri, Pennsylvania, California and Minnesota.

The harpist, Wendy Kerner, has played the harp since the age of seven. She attended the Julliard School of Arts where she achieved

her bachelor's and master's in music. She has performed with the National Orchestral Association in Carnegie Hall and the Orchestra of New England in Alice Tully Hall. She has performed the American Premier of Alfred Schnittke's "Hymn" in Lincoln Center and has played for Queen Sirikit of Thailand.

The flutist, Donna Milanovich, studied in England at the Royal Northern College of Music. As soloist for the college orchestra, she toured France and England. She then came home to finish her bachelor's at Stetson, then went on to get her master of Music at Kansas University. She now performs with the Fairfield Chamber Orchestra. She will be returning to Europe next September to teach and perform in the Chamber Music Festival in Lyon, France.

A New Picture in Art

By Terry Zaiss

The Avila Art Department will be contributing in a multitude of events throughout the year to demonstrate what it has to offer to students.

The decision to have the complete Art Department reconstructed is one of the events in discussion. The basic concept is to construct the class/studio rooms into accurate spacing.

"What we want to do is create fewer, bigger, multi-purpose spaces," said Dan Keegan, associate professor of art and coordinator of the program.

According to Keegan, this is just one of the areas in which the money contributed to the Avila 2000 fundraising campaign will be attributed.

"If President Kramer is successful with his fund raising efforts with some of the foundation contributions, it's going to happen," said Keegan.

The Art Department is also pleased that the Communications Department will be added on as a new wing.

Actual construction will begin when the funding starts coming through.

Avila's annual Pava Day (Performing and Visual Arts) is one of the events that will effect the Art Department. On Wednesday morning, November 14, 400 to 500 students from area high schools will be expected to attend a variety of workshops in art,

communication, dance, music, musical theatre, and theater.

Desktop publishing will be included under the art workshops do to a grant being presented for a complete Macintosh computer lab to be added at Avila.

"The main objective is to show how the art program at Avila College can work for incoming students," said Keegan.

Another event that the Art Department will be organizing is the Raku Workshop and Open-House Party, demonstrating a quick fire ceramic process, on Monday, October 29, 6:00 p.m. in the ceramics room.

"We will actually be demonstrating the process of Raku glazing and firing. Then, we will have some small pots here for guests to glaze and do their own firing. They will be able to take those pieces home with them," said Keegan.

Any interested person connected

with Avila College (student, staff, and faculty) is invited to attend. People are encouraged to bring snacks for their enjoyment.

According to Keegan, an upcoming event to watch for is a day trip to Chicago. This has not been presented yet due to delay in promotion of inexpensive flights and time agreements; therefore, no cost has been determined. The day will consist of an architecture tour of important buildings, visit to the museum collection at the Chicago Art Institute, and lunch and dinner. Then all participants will fly back to Kansas City on a late flight.

"Spaces will go to students in art classes first, and then if those spaces aren't filled they will go to any students who are interested in going," said Keegan.

If there are any questions about the upcoming events, please contact the Art Department.

Phonathon Off and Ringing

By Melissa Martin

Yes folks, it is that time again for the annual Avila phonathon. The College conducts two phonathons throughout the year, one during the Fall Semester and one during the Spring. Although the spring phonathon does its part to help raise money for the President's Scholarship Club, it is the fall phonathon which contributes the most. The money acquired by the Club helps fund scholarships and

cover other costs of the College. The phonathon is scheduled for October 15 through November 2 in the Dining Room of Marian Centre. For this event to be successful, everyone's help is needed. Students and teachers can sign up to participate by contacting Richard Scott, Director of Planned Giving/Annual Fund. Calling will take place from 6:00 to 9:00 p.m. each evening and prizes will be awarded.

Avila Elderhostel Carries on Tradition

By Jane Malone

Last month, as some students might have noticed, there was an addition to the Avila community. This addition came in the form of Elderhostel.

An education program for persons over 60 years of age. Elderhostel

people participate in this program experience college life in many ways. They can live in the dorms, eat in the cafeteria, and interact with other college students. The people taking part in this program are entitled to many of the same privileges as other college

students, such as the library, gymnasium and snack bar.

The academic part of this program usually revolves around three college-level courses. These classes incorporate hands-on experience and field trips. For example, the session that ran September 23-29 included field trips to Thomas Hart Benton's home/studio and the Nelson Art Gallery for the course titled "The Life and Art of Thomas Hart Benton." The participants received hands-on experience by working with computers in the class "Computers Don't Byte People."

The Elderhostel program is designed to incorporate fun with learning for older adults. Judging from the disposition of its participants in the last session, it seems to be working.



Tony Swischer speaks to the Elderhostel group. Photo by Bill Jones

Columnist Goes Beyond Classroom

By Lisa Herbert

On Wednesday, October 3, Avila welcomed Lifestyle Editor and Columnist of the Dispatch Tribune, Marli Murphy as part of the Communication Speaker Series.

Murphy graduated from Northwest Missouri State with a degree in English and Journalism. At the age of 21 she was editor of a weekly paper, Hopkins Journal. For four-and-a-half years she was both reporter and editor for the Maryville Daily Forum. She currently is in her seventh year at the Dispatch Tribune and writes a column called "Through Irish Eyes".

In the fourteen years Murphy has been in Journalism, she prefers newspaper over any other print media. Her experiences have made her a perfectionist as she puts together her own section.

Out of her many accomplishments there are of in which Murphy is most proud; First place in weekly feature from the Missouri Press Association, and Best Column from KC Press Club for weekly or magazine. The second of the two, she recalled, was the most inspirational to her as she covered the story of the desperate Heinz twins.

COMMENTS

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Do Not Give Up on Your Education

By Sister Marle Joan Harris, Ph.D.,
Vice President and Dean for Academic Affairs

Mid-semester is a time of year that can be a real enigma for faculty and students alike. Exams need to be written, taken and graded. Papers need to be researched and submitted. Evaluations need to be completed and reported. Stress prevails and patience wanes. An atmosphere is created that attacks at the very core of the purpose of higher education.

Most college faculty and staff have chosen to be involved in academia because, deep within, we have a profound reverence for knowledge. We have committed time and talent to its preservation, communication and development. For us, knowledge is the product of the creative endeavor of human minds throughout history. It is dynamic, evolving and boundless. It is reflective of the mystery of existence and humankind's role within that mystery. Higher education provides a setting where women and men throughout the centuries have gathered to examine that body of knowl-

edge inherited from their ancestors so as to question, revise and create new understandings. As students at Avila, you are invited to join us in a mutual dedication to this endeavor by becoming a member of the Avila learning community.

Mid-semester, with its many projects, exams and evaluations can cause us to forget the significance of what is happening on this campus - - the mystery and excitement of developing a reverence for the past as well as a life-long commitment to asking the unasked questions and risking journeys into unexplored areas of thought.

So I invite each of you to stop, take a deep breath and reflect a moment on your role in comprehending, communicating and shaping knowledge. It is an awesome activity. Enjoy it. Be enlivened by it. Celebrate your involvement in it and refuse to let the stress of the moment prevent you from participating fully in this vital activity.

Differences in Faith Explored

Dear Member of the Avila Community,

Are you a Christian? Have you accepted Jesus Christ as your Lord and Savior? If you answer "Yes," then how does your life differ from the life of a non-believer? Whether a believer or non-believer, I invite you to read further and examine my thoughts in light of your own experience. I contend that differences arise in these three areas: 1) reality, 2) emotions, and 3) explanations.

1. Reality. For the Christian, the world is not confined to this material world of space and time. There exists, as a fact, an infinite, eternal spiritual being, called "God," the source of all beings (creator), ground of all beings (sustainer) and end of all beings (eternal life). This God communicated to the human race its dignity, direction and destiny, especially through Jesus Christ, God Incarnate. A Christian acknowledges the reality of God in the world, accepts God's invitation to relationship and promises fidelity to God. Unlike the world of the non-believer, reality for a Christian includes a spiritual being called God and a love relationship with God.

2. Emotions. As a result of this relationship with God, the Christian experiences emotions that a non-believer does not. During worship and prayer, the Christian acknowledges God's greatness and goodness through heart-felt praise and adoration. At times, conscious that everything one is and can do is a gift from God, the Christian experiences profound thankfulness. At other times, moved by God's generosity and love, the Christian offers back to God the total gift of self. Finally, because of the relationship with God, the Christian feels a need for God (a dependence upon God) and a need for repentance (forgiveness by God for infidelity). Thus, the Christian experiences emotions that a non-believer does not because of their kind, intensity or totality.

3. Explanations. Finally, the Christian has explanations not available to the non-believer. In addition to common sense and rational explanations, the Christian explains nature, relationships and events in the light of faith, the relationship with God. For the Christian, God is manifested in and through reality. The Christian explains good times as blessings and gifts from God; during the hard times, the Christian seeks to understand God's message, purpose and will. Trusting in God, the Christian moves through suffering to new life. Thus, when a Christian gives an explanation in light of faith, that explanation is different from the explanation of a non-believer.

Thus, these are the three differences between a Christian and non-believer: 1) how reality is viewed, 2) what emotions are experienced, and 3) how good and hard times are explained. Perhaps, you, too, have pondered the question, "What difference does your faith make?" If you have, then I invite you to share your insights and experiences with the Avila Community. May God be with you!

Lovingly,
Ruth Stuckel, C.S.J.

Examiner Schedule

Deadlines	Publication Dates
Oct. 25	Nov. 6
Nov. 8	Nov. 20
Nov. 29	Dec. 11
Jan. 31	Feb. 12
Feb. 14	Feb. 26

Editorial Policy

The Avila Examiner welcomes Letters to the Editor. All letters must include the writer's signature and contact telephone number. The telephone number will not be published. All letters will be verified before publication and are subject to editing for length and clarity. Letters must be typewritten, double-spaced and no longer than 250 words.

Please direct your letters to: Editor, Avila Examiner, c/o Humanities Department, Avila College, 11901 Wornall Road, Kansas City, Missouri 64145.

Writer Has a Woman In Mind

By Travis Russell

What do you get when combining five freshmen, two juniors, and a senior under the direction of Rick Truman? Well, it isn't as bad as it might seem. As a matter of fact, it was quite good. What am I talking about? Well, it is the A.L.T. show Woman In Mind which took place on October 2-3. The actors worked together in an ensemble of back and forth, twisting characters that showed off new talents as well as old ones. If you missed it, you missed seeing Danon Park, Ceci Rog, Karl Pierce, Pat Hill, Windy Merrill, Anthony Haken and Walter Brandes contribute to the mental breakdown of Janet Mees. Overall, a very good production. Compliments to the director and cast of Women In Mind. To sum it up in one phrase, it was "skrate, lust skrate."

Experiments in Science

By Shirley Benton

The new Science Club has recently been organized and is anxiously recruiting additional members. The Club is pursuing future activities and field trips that will expose its members to programs and activities outside the classroom.

Argonne National Laboratory initiated the Graduate School Fair in Science and Engineering. It is designed to help undergraduates find the answers to many of the questions they have about graduate school and to assist them in identifying the graduate program which best meets their needs and interest. The fields represented at the Fair were: biology, chemistry, physics, mathematics, computer science and engineering. The all-day schedule consisted of presentations, lectures and tours.

The faculty advisor of the Science Club is to "give students who are interested in science a chance to expose themselves to scientific activities that are different from the normal classroom. And to do things that give students a viewpoint of what school life is about in the area of science profession and career opportunities."

Information regarding future activities, meetings and membership, should be directed through William Fasciano, NAHSM Department, or one of the elected officers: President, Kim Phillips; Vice President, Esther Delgado; Secretary/Treasurer, Rick Holland.

"Can STRESS Make You STUPID?"

By Anne Clarke Sheehan, Clinical Counselor

Can stress call forth stupidity? Our responses to stress are highly individual and are determined by a multitude of factors, some of which are beyond our awareness. Stress can produce symptoms in any and all areas of life - - emotional, physical, social, spiritual and cognitive.

When we experience stress cognitively, our symptoms generally cause us to process or retain information poorly. Our experience of significant losses, separations or transitions often cause us to be preoccupied, unable to concentrate, forgetful, indecisive, less creative and productive, prone to rationalizations and excuses, poor decision-makers and so on. These symptoms/responses to stress are normal, though highly inconvenient.

If you are finding yourself in a situation that is causing you to experience some of the normal, highly inconvenient, cognitive symptoms of

stress, do not hesitate to seek and take the advice of people who can help. The Avila College community has wonderful resource people. They are trained to identify and manage the symptoms of stress. Whether your stress is generated positively or negatively by a loss (death, divorce, separation from a loved one), transition (move to a new location, beginning a new job) or new role expectations (new requirements of living independently, managing time, studying), Avila has resource people to help before you feel overwhelmed and hopeless. You can seek help in a number of places - Residence Hall Staff, Student Affairs, Health Services, Faculty, Student/Human Resource Centre.

Look for the help you need and use it - before stress causes you to make bad, maybe even stupid, decisions.



Classified

Education major: part-time mornings, weekends and summers for school supply store. Call Doris 381-8340. The Supply Closet, 6709 W. 75th St., Overland Park, Kansas.

Attention...

Psychology Club & Psi Chi Honor Society

announces the next meeting

Subject: Myers-Briggs Type Indicator
November 7, 1:00-2:30 p.m.

Barefoot Room • Marian Centre

International Opportunities

Interested in study abroad, exchange programs, or an international career? Kansas City's International Relations Council is sponsoring "Careers in International Affairs Institute." Saturday, November 3, 8:00-2:30 p.m., Penn Valley Community College.

Workshop topics include: Career in International Business, Using Your Foreign Language Skills in a Career, Careers in Government Service, The Peace Corps Experience, Careers in International Law and Global Citizens of Kansas City.

There is a small fee. For details and registration, call 932-7623.

Beyond the Classroom: Communication Speakers Series, Fall 1990

November 6: 1:00-2:15 p.m., Chuck Moore, General Manager, KCXL Radio, 403 BOR

November 7: 11:00-12 noon, Jim Everett, Advertising, Everett, Brandt & Bernauer, 423 BOR

6:00-7:15 p.m., Julie Lux, Host of "AM Live," KSHB TV (Channel 41) 110 ORI

The Student Resource Centre invites you to join CHALLENGE '90 if you are one of Avila's non-traditional students!

What: A five-week support group for adult students finding themselves challenged by the demands of filling multiple roles - - student, employee, parent, spouse, volunteer, etc.

When & Where: Wednesdays, October 24-November 28, 12:15-1:00 p.m.. Location to be announced. Thursdays, October 25-November 29, 5:10-5:55 p.m.. Conference Room, lower level Blasco.

Who Should Attend? Men and women who came to Avila as adults and would welcome an opportunity to interact with other adults about the challenge of integrating their student lives with the rest of their lives.

Who Will Lead The Group? The groups will be led by Anne Sheehan, M.S., Avila Clinical Counselor, and assisted by Helen Shackelford, graduate student in psychology at Avila.

How to Register? Call the Student Resource Centre at x266. Group size will be a minimum of five and maximum of ten.

Employment

Addressers wanted immediately! No experience necessary. Excellent pay! Work at home. Call toll-free: 1-800-395-3283.

Intramurals Fall 1990

Co-ed Volleyball

October 24, 31, November 7

Student Union Board Events • Fall 1990

Special Event, Noon Jazz in the Snack Bar, October 23. Movie "TBA", Midnight Halloween Film Classics, October 28.

Babysitters and Tutors Still Needed

Interested in making some spending money during your free time? Parents in neighboring communities contact the Student Resource Centre regularly to inquire about sitters and tutors for their children.

Come and check the file card boxes in lower Blasco and complete a card yourself if you'd like parents to contact you directly.

Your services are needed! Questions? Call 942-8400, x266.

Attend the

EMPLOYER FAIR

Wednesday, October 24

10 a.m.-3 p.m.

University of Missouri-Kansas City
University Center, Pierson Hall

50th & Rockhill

Come professionally dressed with resumes in hand!

Gather information from 80 employers and 15 graduate programs.

Brochures available in lower Blasco.

Thornhill Art Gallery

Barbara Jarvis

Joyce Harlow

Mutual Influences/Parallel Paths

Mixed Media and Pastel Drawings

October 10-November 2, 1990

Gallery Hours: Monday-Friday 10:00 a.m.-4:00 p.m.

Heart of America Writer's Conference November 2-3, 1990

Co-sponsored by Avila College and Johnson County Community College

Classes being held at Johnson County's new multi-million dollar cultural center. Gala reception and reading by Ellen Gilchrist at Whitfield Conference Center. For more information call 942-8400 x280.

RHA Halloween Bash October 27

9 p.m. - 1 a.m.

Marian Centre Snack Bar

Come pump up the pumpkin!

FRESHMAN NON-TRADITIONAL FOCUS GROUP October 29 • Noon Nursing Department

Avila Examiner Staff

Editor	Kenneth (Montana) Jackson
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News Editor	Kenneth (Montana) Jackson
Comments Editor	Kenneth (Montana) Jackson
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All materials submitted for publication must be typewritten and double-spaced. The Avila Examiner reserves the right to edit and print materials received for publication.

Opinions expressed in the Avila Examiner do not necessarily represent the official position of Avila College but rather that of the Editorial Staff. For more information, contact Larry White, Advisor, Avila Examiner, c/o Humanities Department, Avila College, 11901 Wornall Road, Kansas City, Missouri 64145 or call (816) 942-8400, ext. 289.

Pop Goes the Bubble!

By Lisa Levine, Feature Editor

Chewing gum is stepped on, swallowed and stuck in the hair of unsuspecting classmates. Some find gum chewing relieves stress or helps to keep them from overeating. Others just think it is an unpleasant habit. Where did chewing gum come from in the first place?

Tree resin, or sap, traditionally formed the base for chewing gums. The ancient Greeks chewed "mastiche," a gum made from the resin of the mastic tree. Later, the Maya Indians of Mexico chewed chicle, a rubbery resin from the sapodilla tree. The colonists of New England adopted the Indian habit of chewing hardened spruce sap.

The popularity of spruce gum weakened with the introduction of a new chewing gum made of sweetened paraffin wax. Licorice LuLu, Four-in-Hand, Sugar Cream and White Mountain were some of the paraffin wax gums peddled in the 1800s.

The forerunner of modern chewing gum emerged in the 1860s. The story goes like this... Santa Anna, the Mexican general who led the attack on the Alamo, left a chunk of chicle in the desk drawer of an office in Staten Island, New York. Thomas Adams, Sr., found the chicle and tried to make it into rubber first, and then an adhesive for false teeth. Failing at both attempts, he finally boiled it down and rolled it flat, crating the base for the tastier chewing gum of that time. (Synthetics have currently replaced chicle as a gum base.)

Halloween Frightens Spirits

By Stella Steele

Mountains of candy reminiscent of the Rockies occupy the aisles of every grocery store. Scarecrows leer from their guard on the front lawn of suburban homes and homemade decorations appear in the windows where children dwell. Suddenly, you find your memories winging to Halloweens of yesteryear. As adults, we have fond memories of the pleasures of Halloween. The excitement lay in planning the right costume to wear, seeing how many treats we could beg, and vying to see who could tell the scariest ghost stories. It is wonderful to remember, but did you every wonder why we celebrate this holiday the way we do?

The fact is Halloween, just like America, is a melting pot of many lands and their customs. The Celts celebrated it as a harvest festival and the beginning of their new year. The holiday celebrated Samhain, the lord of death, who, at the dying of the old year, called together all the souls of the dead. Later, the church made No-

vember 1 a church holiday to honor all saints. This day was call All Saints Day or All Hallows, thus making October 31 All Hallow's Even. Later, All Hallow's Even was shortened to Halloween.

The Celtic People would celebrate this holiday by lighting large bonfires on the hills to frighten spirits away. They would wait on the hill until the fire had burned to ashes and then everyone would run down the hill as fast as they could, as the last one down would be caught by the devil. Thus began the tradition of bonfires on Halloween night. It was a time of fear, magic and mystery.

Because of this fear, people were afraid to be alone and gathered together to protect themselves from the evil spirits. They dressed in costumes in hope that the evil spirits would think they were other spirits and leave them alone. Today crowds still gather and prow the night in costumes of many kinds. However, there is a difference. This Halloween, when you answer the door and find a spirit, instead of instilling fear, it will evoke a smile, unlike the Celts.



The Celts carried lights when they went out on Halloween night to scare away evil spirits. Since Ireland had no pumpkins, huge turnips or potatoes were hollowed out and lights glowed through the carved holes. Today, we may see these golden monsters glowing on porches and windowsills with a slight, wicked grin.

Just like days of old, American children go from house to house, smiling back at the golden monsters, tapping on doors and shouting "Trick-or-Treat." Neighbors fill their bags with candy and treats. This custom originated from an old English custom called "a souling." On All Soul's Day,

people would go from house to house singing, "a soulcake, a soulcake, a penny or a soulcake." There were given a current bun and, in return, would say a prayer for the souls of the giver's dead relatives.

Crisp fall evenings and leaves of red and gold may soon send our thoughts flying to Halloweens of long ago. While we conjure up ghosts, goblins and witches flying high, we will not forget the golden fellow with his slightly wicked grin, who brings memories of sweet treasures garnered then. When that mysterious black shadow crosses the full of the moon, take time to remember that Halloween retains many of its pagan elements. It is still a time for dressing up, seeking treats and telling tales of ghostly lore, just like it was in days of yore.

Returning to School Again

By Janet C. Mees

The student sits at the desk, scurriedly jotting down notes on a lecture on psuedostratified columnar epithelial tissue.

The above could describe many an Avila student, but the details continue. Her thoughts wander to a mental grocery list, the time she needs to pick her son up from school and her dog from the vet.

The above could still characterize a large chunk of the Avila population. Barb (last name withheld upon request) is one of many non-traditional students who walk the campus.

Going back to school, to say the least, is not one big picnic and Barb exemplified some of the trials and benefits of returning to school.

Why did you decide to return to school, and why did you choose Avila?

"Basically, I was home for nine years raising my son. Due to a divorce, I am in the position where I have to support myself again in the future after being home for nine years being the traditional mom."

"I have my Bachelor's Degree in nutrition so I was looking for something that could get me back in the workplace with up-to-date skills... and Avila offers a sonography program, which is ultrasound and medical technology, that has a one-year program for certification. Those jobs have good futures. This is close by the home and... that's what brought me here."

So you had gone to college right after high school?

"Oh, yes. I graduated in 1976."

"Well, now I feel like an old lady." (She laughed.)

Do you see any differences in the school system?

"Not really... It's just complicated because now you're not just taking care of yourself and your work. You are taking care of home besides. It's added stress, because I do have a little eight and a half-year old, (pause) he's not so little anymore... I have a son who all of the sudden sees Mom in a different light. Mom has added responsibilities. I have homework, and I have studying to do, and I have tests. It's difficult for people to know you in one role and then see you in a totally different role. He's never seen that - well, Mom gets up and has to go to class."

What do you like about going back to school?

"This sounds stupid, but... it shows that I'm not braindead. After being home for nine years and being out of the workplace, I was geared so much towards child-rearing, taking care of the home and doing things for everyone else. All of the sudden, you are doing these things that you need to get done... I can function. I can still go in and take a test and do well. That's exciting. It shows that you can carry on at any age." (She laughed again.)

Well, can you give an example of what your day is like?

"Getting up early enough to get myself together before I have to get my son up and together for his school, making sure that he has all his work together. Get him off, take him to his school, and then drive over here to my school. The days that I have lab, I usually go home in between and come back."

"When I get home, my son's home. I have to make sure his homework's done, that his studying's done for tests, take him to the library to do research. Once his little world's taken care of, and he has his little friends to play with, and he has his activities... he still needs Mom to take care of that, and Mom still has to go grocery shopping, and Mom still has to do those things besides school.

Bubble gum was first produced in 1906, but was not perfected and marketed until 1928. On the other hand, sugarless gum was marketed in the mid-1960s. Chewing sugarless gum directly after eating may lower the incidence of tooth decay by stimulating the production of saliva, according to a report in the Journal of the American Dental Association.

Perhaps someone will invent no-stick, hair-proof gum that will launch yet another decade of the gum chewing habit!

Memorable Toys of Yesterday

By Kate Higgins

The five-year-old toy expert concentrated on the question posed to him. Moments passed before he determinedly answered, "My favorite toy is Nintendo. Super Mario Brothers III."

Another play connoisseur argued, "Everyone likes Nintendo! I like remote control cars and Teenage Mutant Ninja Turtles."

Other favorites of modern youth include Melvin the electric bird that eats worms, Peeper Pups complete with florescent blue eyes and Little Miss Make-Up whose skin magically produces blush, eyeshadow and lipstick after exposure to a wet sponge.

After surveying nineteen to twenty-two year "kids," favorite toys emerged as the games Chutes and Ladders, Operation, Mr. Mouth, and Hungry, Hungry Hippo. Other diversions were caps, little army men, Leggos and any type of ball. Favorite figurines were Star Wars people, Planet of the Apes dolls, Stretch Armstrong and the Incredible Hulk.

Angie Sullivan, senior education major claims, "I loved the Playdoh barber shop. I like to pull the handle and to have the hair and beard ooze out as blue Playdoh."

Jim Cole, freshman from St. Louis, exclaimed, "Playmobil were the best! I liked the cowboys and Indians... the one with the guns were my favorite."

Brad Fisher, freshman baseball player, mentioned the importance of Tonka trucks, Big Wheels and baseball cards. Dale Franklin, another freshman added, "I liked to use a spoon to make trails for my Hot Wheels in the mud."

While the twenty-year-old toy ex-

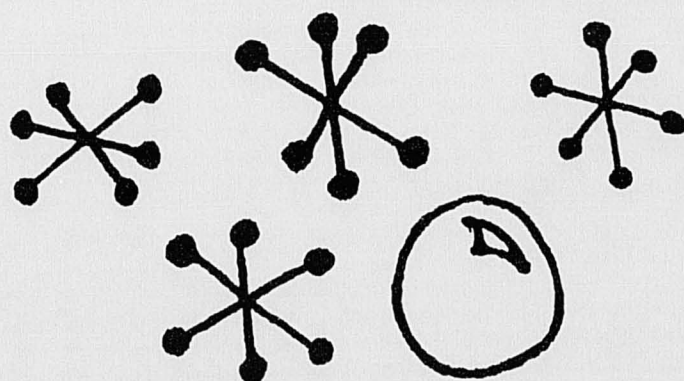
perts played Hot Wheels in the mud, the thirty-plus group could even create mud pies for fun.

A forty-eight-year-old expert explained his favorite with, "I owned a red bandana, steel gun and leather holster. I was the Lone Ranger, and I put a feather in my little sister's hair to make her into Tonto. She cried everytime I shot her."

Other toys remembered were Piti-ful Pearl, a homely doll; a little ringer washing machine; Revlon Dolls, which were like Barbie dolls except they were 18 inches tall; and a set of jacks with rubber ball.

Toys, through the years, have changed and yet all people can still fondly remember their favorite. From Nintendo to Hot Wheels to playing pick up sticks, toys are important to all kids.

After surveying many "experts," I realized that impact of toys when a group of twenty-year olds could still sing the Mon chi chi theme song. They sang in unison, "Mon chi chi, Mon chi chi, they're so soft and cuddly. Mon chi chi, Mon chi chi up in the trees with the Mon chi chis."



Fast Food Escape: TGIFridays

By Lisa Levine and Tasha Kovlich

Welcome to the wonderful world of food! Today's guest is TGIFridays. If you are looking for a place to take that special someone, look no further. TGIFridays has something for everyone, whether it be friends or family. Part of the fun of going to this restaurant is admiring all the interesting novelties.

You name it, TGIFridays serves it. Start off your meal with an appetizer, which could range from three to seven dollars. Then try any one of the many entrees, with prices ranging from five to thirteen dollars.

Overall, we give this restaurant an "A" grade. So, the next time you are in the mood for an entertaining evening, try TGIFridays, located at 1301 W. 86th Terrace (Ward Parkway Shopping Center). Hours: Monday-Thursday, 11 a.m.-11 p.m., Friday and Saturday, 11 a.m.-12 m., and Sunday 10 a.m.-11 p.m. (Brunch is served 10 a.m.-3 p.m.).

THEN I sit down and do my studying. I usually try to get him to bed at a decent hour so I can read and study. The days I have free time, I do it during the day."

(Pause.)

"That's when I'm having a hard time - the days when I'm tired because I was up because my son was sick or the dog woke me up... You don't have the stamina that you used to."

She gathered up her notes and huge anatomy book off a bench in the quad. It was time to retrieve the dog from the vet before her son got out of school.

She ended with a hopeful smile, "It's different."

Avila Volleyball Closes On District Playoffs

By Jim Huber

The Avila volleyball team is on the brink of reaching one of their goals this season. They are close to making it to the District 16 playoffs.

The volleyball team has worked extremely hard by dedicating their time in vigorous hours of practice and games. This year, the team has compiled a 22-10 overall record and a 7-5 record in district play. The team is improving their record from last year. Coach Joan Ice attributes the success this year to the team's ability to play well together and with a tremendous amount of enthusiasm. She says the final key ingredient is the team's desire to win.

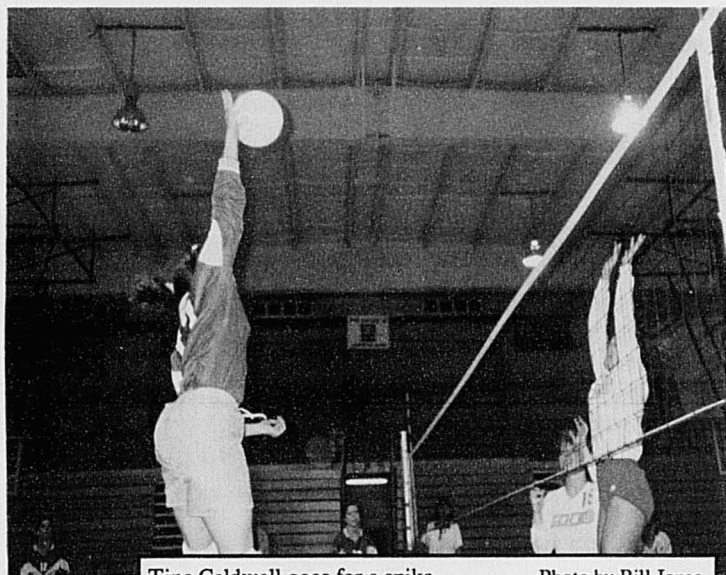
The team could say that their ability to play by the percentages has been a large element in their victories this season. Tina Caldwell is leading the team in "kills" with 90%, followed by Stephanie Cucar and Therese Piper with 89%. The team is leading in "assists" by Stephanie Cucar with 97%, followed closely by Virginia Lewis with 96%. Kerri Kluter is excellent in defensive "digs," by com-

piling 92%. A few other key statistics is the team's talent of getting in 94% of their "serves" and finishing off 89% of their "kills".

Looking back over the season, Therese Piper said "So far we are having a good year. We seem to be a well-rounded team and we play well together. Our only troubles this year seem to be in tournaments. We are hoping to change that over the next two weekends to get eligible for district play."

There are two tournaments, Westminster and Concordia, remaining on the schedule, along with three matches against Missouri Valley, Brown Mackie, and William Woods. The Missouri Valley and Brown Mackie matches are at Avila on Tuesday, October 16. The tournaments and matches will be a huge factor in Avila's volleyball future this season.

If the team can keep playing together, with enthusiasm, with the desire to win and by the percentages, there is no telling how far Avila's volleyball team could go this year.



Tina Caldwell goes for a spike.

Photo by Bill Jones

Seventh Golf Classic Is Success

By Cheryl Denslow

One hundred four golfers took part in the Avila Golf Classic held September 19, at Deer Creek Golf Club, to raise funds for the Alumni Grant Scholarship Fund.

The golf tournament, now in its seventh year, has raised over \$60,000 which is held in an endowment account. Interest from the account is used to provide grants to students who are children of alumni of the College.

Mary Ellen Clark, a graduate of Avila, organized the first tournament

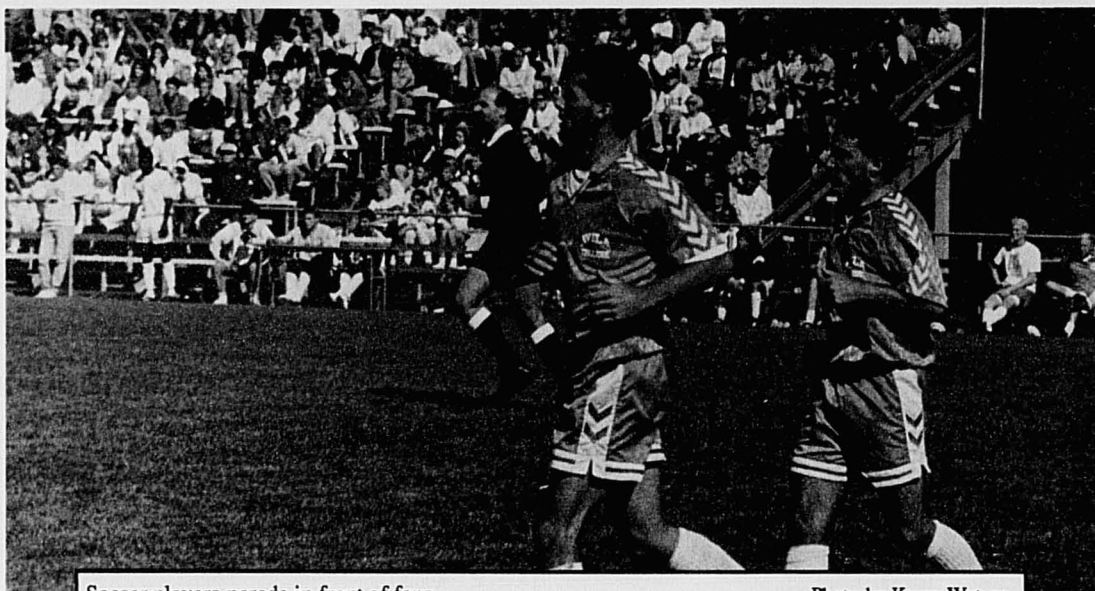
in 1983 and continues to serve as chairperson. Credit goes to the hard work of Clark and 25 volunteers who helped make this year's event a success. Plaques and gift certificates were given to the winning foursomes in each of three divisions.

This semester, nine students have applied for the entitlement which pays \$250 per semester. Any full-time student whose parent is an Avila alumni may apply for the grant by contacting the Financial Aid Office.



Students take on sports editors challenge.

Photo by Bill Jones



Soccer players parade in front of fans.

Photo by Karen Watson

Preview to Girls Basketball

By Chris Pickett

October marks the time for basketball, and it marks the time for Avila's women cagers to begin preparation for the 1990-91 season. The women have been practicing since October 1 to prepare for their first match-up against Culver-Stockton College which will be played at Avila's Mabey Fieldhouse on November 14.

This season will be the start of a new era for the women. After a dismal 5 win and 23 loss record for 1989-90, first-year coach Jamie Collins has cleaned house and opted to work with only three returning players and eight newcomers.

The three returning players are senior LaShon Gant, junior Kim Nordike and sophomore Kim Lanning. Collins spent much of the summer recruiting the eight newcomers, who are juniors Jocelyn Turner, Janice Williams and Kelly Huber; and freshmen Sarah Ziegs, Paulette Carothers, Lana Kenter, Joyce Heimsoth and Shelly Schubert.

Even though there is little experience on this roster, optimism is high. "I'm really looking forward to the season and playing with the new players," said the lone senior LaShon Gant.

Although the players' hopes are very high for the year, coach Collins has set goals for the team to keep things in proper perspective. "Our goal is at least to double our wins from last year. We really want to be .500. My only expectations (for the time) are to improve, because we have so many new people," said Collins.

The road to the District 16 championship will be a long one, but Collins and her new assistant, Yvette Tunley, have the women of Avila working hard and keeping their eyes on the prize.

Soccer Update

By Chris Koettker

Wednesday, October 3, the Avila College soccer team traveled to Tarkio, MO. to gain a district victory. Tarkio had different plans and beat Avila 4-1 (Jim Cole). Jim Coal, striker, said, "It felt good to contribute (by scoring), but it just wasn't enough."

Friday, October 5, Avila participated in the Coca-Cola Classic in Oklahoma. Their first opponent was Southern Nazarene. The game ended in a 3-1 loss (Keiper).

Saturday, October 6, Avila once again tried to even up the score but came up empty in a 4-1 (Ricker) loss

against a powerful Oklahoma City University. Matt Orrison, goal keeper, summed up the whole trip by commenting, "We had our chances but just couldn't score." Avila took third place in the tournament.

Wednesday, October 10, the soccer team hosted Missouri Southern State University. Missouri Southern edged Avila in a 2-1 (Maupin) overtime victory. Mike Maupin, striker, said, "We came out dominating and scored within the first ten minutes. But in overtime, a stupid foul penalty kick proved to be the winning factor."

Avila College 1990 Soccer Schedule

Date/Day	Opponent	Place	Time
Oct. 24/Wed	Central Methodist	Away	3 p.m.
Oct. 27/Sat	UMKC	Away	2 p.m.
Oct. 30	District Playoffs		

Avila College 1990 Volleyball Schedule

Date/Day	Opponent	Place	Time
Oct. 25/Thurs	Ottawa	Away	6 p.m.
Oct. 26/Fri	Baker & Evangel	Home	6 p.m.
Oct. 30/Tues	Park & Penn Valley	Home	6 p.m.
Nov. 1-2/Fri-Sat	District Playoffs		

Status Report on Gender In Sports

By Jacelyn Justesen-Winsor

Volleyball, basketball and softball are the choices for women athletes at Avila College. While volleyball and basketball have been around since the '70s, softball has joined in recent years. Jamie Collins, coach of the women's basketball team says, "An increasing number of students (females) are playing basketball". Jamie added that last year only seven or eight women comprised the team while this year fifteen were signed up.

Scholarships are available for both men and women in sports. Janet Morris, Athletic Department's secretary, said that more scholarship money was offered to the men's sports than women's. She went on to say, "But, you have look at the spectator turn out." Jamie added that spectator turn out for basketball, the one common sport between men and women, averaged approximately 75 fans per

game for women and 200 for men.

Jamie explained that women may try out for all three sports, but most basketball and softball players have been previously awarded scholarships. Students may, however, try out for the team and be considered a "walk-on."

Women's sports have not yet progressed to soccer or baseball. Jamie said that this was not because of uninterested women at Avila but due to a lack of participation by the district schools.

So far as the future of Avila's sports is concerned, football is being looked into for the men, but no future plans for a change of women's sports are in the works.

Mark Tobin, Athletic Director, and Bill Wiesbrook, Assistant Director, could not be reached for comment.

Physical Problems Lessen Glamour of Boxing

By Pat Hill

In 1984, the news magazine show *20/20* reported on brain damage in relation to boxing. The results were startling. Out of the professional boxers tested, 94% showed damage in the form of tiny hemorrhages and scar tissue. Fifty-one percent of the amateur boxers showed damage; the severity of the damage in the amateurs was less serious.

Muhammad Ali became the best example of what boxing does to the brain cells. Ali has progressive Alzheimer's Disease. Each day the self-proclaimed, greatest fighter of all time becomes more and more confused. One of the wittiest and most charismatic fighters can today barely tie his shoes.

Boxing is a dangerous and violent sport. Because of public pressure, the World Boxing Administration and World Boxing Council shortened their championship fights to twelve rounds.

The fighters know the risk, but they still partake in the sport. The fans realize the violence, yet they will pack the arenas. Some will pay as much as five thousand dollars for a ringside seat. Buster Douglas will make over thirty-five million dollars for his next fight. The fight itself will gross hundreds of millions of dollars, including closed-circuit television. As long as people are willing to pay for it, there will always be boxing.